

ASCENSION

CELEBRATING YOURSELF AND YOUR FUTURE WITH
SELF LOVE.

MASTER YOUR ENERGY & FLOW WITH TIME

ACCEPT, LOVE & APPROVE YOURSELF
BEING FULLY ALIVE HERE & NOW

SESSION 4.
**ALIGNMENT - ALIGNING WITH YOUR NEW
LIFE THROUGH COMMUNICATION**

STEPPING UP TO YOUR NEXT LEVEL.

CLAIM YOUR VOICE, SHARING YOUR GIFTS &
EMBRACING YOUR UNIQUENESS NOW

KEY TO ALIGNMENT

ASK - AND YOU SHALL **RECEIVE**

SEEK - AND YOU SHALL **FIND**

KNOCK - AND THE DOOR SHALL BE **OPENED**

1. KNOW ABOUT YOU, SEE AND HEAR
YOU - AWARENESS
2. EXPERIENCE, RECEIVE YOUR GIFTS -
ALIGNMENT
3. HIRE/INVEST/PARTNER - ASCENSION

Posts & Emails:

Powerful Headline/Subject

Their Situation

Benefits

Limited time + Limited slots

CTA: Make easy to say YES

5 STEP SUCCESSFUL SALES METHODOLOGY

1. CONNECT & WELCOME & MENU
2. ASK QUESTIONS AND LISTEN: CLARITY CUSTOMERS WANTS
3. ASK QUESTIONS AND LISTEN: CLARITY PROBLEMS
4. SOLUTION - CLEAR OFFER
5. DECISION: YES/NO + COLLECT MONEY/CONTRACT

1. DECIDE/PLAN/PREPARE -

Awareness

2. CREATE/WRITE/SHOOT - Alignment

3. PUBLISH/SHARE/GO LIVE - GET
THE GIFTS OUT IN THE WORLD -
Ascension

CAMPAIGN & PROJECTS

PREPARED MARKETING MATERIAL: PHOTOS
AND TEXT IN ORGANIZED IN MAPP/FOLDER

SOME WITH

GOOD VIBE

POWERHOUR DAILY

10 Min ideal clients, 10 min ideal partners,
10 min ideal colleagues, 10 min groups,
10 min post on own profile,
10 min respond to Dm + Make New Dm

ENGAGE - LIKE - COMMENT

CONTRIBUTE - INVITE

KNOW THE RULES IN GROUPS

GROW LIST - RELATIONSHIPS
AUDIENCE - PARTNERS
GIVE VALUE
COME FROM: LOVING SERVICE

SESSION 5.
ALIGNMENT - ALIGNING WITH YOUR NEW
LIFE THROUGH COMMUNICATION

TRANSMUTING FEAR OF SPEAKING YOUR
TRUTH, SHOWING UP AUTHENTIC AND ASKING
FOR WHAT YOU WANT

Peace Process:

Sales Calls, Talk about Money,
Fear of doing something Wrong

Structure and Purpose of the Sales Call

The Free Session is Connected
to the offer

Marketing and Sales as a Form of Service

Handle Objections:

I don't have Time

I can not Afford it

I need to Think about it

I need to talk to my Partner

regular price + special price
when say yes on the spot.
Offer the High ticket first

Offer Payment plan
“What could work for you”

offer deposit solution to lock in
special pricing
downsell to lower ticket fx.
group program.

1. Schedule First Session
2. Collect info + Collect Money
Contracts Invoice Links Ready.
3. Next step: Let's Get you entered
into the system = send Welcome
Email

Costs + Net Worth
Your Salary is NOT Left
Overs! You need to make
Profit

See marketing as TEST.
adjust and tweak what does
not work

HEART WORK

Guided Visualization

CALL IN HIGHEST SELF
FOR GUIDANCE:

- optimize ONE thing in your
working environment
= the physical Space

- choose ONE commitment that will optimize your People Environment. Where do potential customers & partners hang out? Who have access to them?

- Move FOCUS from you & your gifts. Put ATTENTION on Existing &/or Future Audience/Customers.
Connect with their Gratitude during/after receiving the gifts

ASK H.S. What is the most natural, easy and fun way for me to offer my service, to market and connect with clients?

- Is there a Weak Link in my Biz that I know will help me reach my goals when I upgrade this?

Key to Alignment:
COMMIT to upgrade/develop
skills, optimize and follow
through on Guidance

SESSION 6.

ALIGNMENT - ALIGNING WITH YOUR NEW LIFE THROUGH COMMUNICATION

Invitation to Heart Work: BIZ Love Affair

1. **Break up** with your relationship with Marketing & Sales if it is not working

2. **Look back** at the past relationship.
Write in past tense everything that was not
working (1 page) - **Let it all out.**

**3. Become at Peace with what was and
Invite in a New Relationship Now.**

4. Take the list of what was not working & transform it by **choosing the OPPOSITE** = this is your New working description.

**Your New Love Affair with your Biz,
Marketing and Sales. This is how things
are working now.**

4 Steps to Expanding Success

Step I: Recognize Your Success

Step II: Acknowledge who Created the Success

Step III: Celebrate the Success

**Step IV: Expand the Success by Allow to Let more into your Life
+ Anchor with Victorious Physical Movement**

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CELEBRATING YOURSELF AND YOUR FUTURE WITH
SELF LOVE.

Spiritual Mentoring:

MASTER YOUR ENERGY & FLOW WITH TIME

ACCEPT, LOVE & APPROVE YOURSELF
BEING FULLY ALIVE HERE & NOW

ASCENSION

NO TENSION

Stay Aware

Stay Aligned

Stay with the Vision & Keep

Sending out the SIGNAL

Ascension: Pay Attention -
with no tension to The Vision,
End Goal & Milestones

Surrendered & in Trust:
For the Highest Good of
All. This or something
even Better.

Unattached:

“If I get what I want I am Happy
If I do not get what I want - I will
still be okay”

Project Positivity into your Future. (not fear from past experiences or present limitations)

Celebrate, Pay Attention, Enjoy and Feel Gratitude for what you already have AND everything you can Imagine to have - as if you are having it already!

Celebrate others! It is Us
winning - Our Celebration

Others Evidence of success
can be Evidence of your
success coming - if you allow
and assume it to be so

Let Go of timeline! Play the
Long term Game. Embody
Trust and Patience

You can ask for Time &
Space to open up - and it will

Time is infinite - a construct -
AND time is Finite!

What do you want to do with your Life?

Why do you want that?

Who do you want to be?

Do and Be and Allow that now.

Activate + Generate + Circulate this Energy

“I have All the Time in the
World for what Matters Most”

Be Aware of Priorities!!!

Important + Urgent	Important + Not Urgent
Not Important + Urgent	Not Important + Not Urgent

discipline & devotion:

EMBODY DETERMINATION

DECIDE - COMMIT

FOLLOW THROUGH

REFLECT + CELEBRATE
THAT YOU FOLLOWED
THROUGH

PRIORITIES AND FREQUENCY

Embodiment requires
Actions, Routines and Habits

Daily Planning: What are
the 3 most important
things that will move me
towards my Goals?

When having structure:
Easy to Flow with Time.
Being Guided

QUICK TIME

SLOW TIME

Notice when you fall down
to lower vibrations

Centered, Grounded, Open
Heart, Here & Now
High Vibe

Give to yourself what you
seek

Self Care into Your Routines

Schedule that is Congruent with your Vision, Goals,
your Values and what Matters most

What we make Matters - Becomes Matter =
Material/Manifestation

WHAT DOES MAKE YOUR
HEART SING?

**I Accept, Love & Approve
Myself - Here & Now Declare it
and Mean it!!**

Self directed Compassion
Discern if it is the Voice of Highest Self
or Inner critic / wounded aspect / inner child

Give yourself Permission to
be you and acknowledge
you are amazing

Remember you are whole
and complete and perfect -
with all your imperfections

I AM Being Alive Here & Now

Ask yourself: What makes me come Alive?
What turns me on?
What Lights me up?

Go do that immediately or/& Engineer it into your schedule into your daily or weekly or monthly Life!!!

Let go of old - Own the New

Back the new up with HABITS and Actions!!!!

25 ways to Manifest More

Pull out top 5 + schedule + commit + follow through

Invitation: Spread the Word.

FREE 'Business Breakthrough
Now' Coaching session

Book Your FREE
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We will Create a crystal clear Vision for your
“Soulful Business Success”& the perfect
lifestyle you’d like your Business to provide.



Uncover hidden challenges that may
be sabotaging the Growth of your
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Gratitude Commission

Refer People = Receive 10% of Investment

Next Session July 16

Transforming Limiting Beliefs &
Releasing Stuck Energy Preventing you from
Shining Your Light

Please Share your answers, to the questions below, via email latest on Monday, July 14.

The questions will set the scene for the healing on Wednesday. Please answer these questions honestly and transparently. Remember, there is no right or wrong way to answer these questions! Read through all of the questions before you answer the first one.

- What are the not important things in your life that appear to be urgent that you waste your time on?**

- **What are the not important things in your business that are not even urgent that you use your time on?**
- **What are the important things in your business and/or life that you wait to do until they become urgent?**
- **How can you set yourself up for success and invest time in what is truly important in your business so you make sure it gets done while it is not urgent?**

- **What is required for you to give yourself permission to be you and acknowledge you are amazing?**
- **What does Self directed Compassion look like to you?**
- **What is all-important in Discerning if it is the Voice of Highest Self or Inner critic / wounded aspect / inner child?**

- **How can you remind yourself that you are already whole and complete and perfect - with all your imperfections?**
- **What are the Actions, Routines and Habits you are willing to engineer into your life and schedule so that your Vision comes into Form?**
- **Who will you become when your PRIORITIES AND FREQUENCY is aligned and a natural way of being?**

- **How can you hold yourself accountable so that you follow through on your priorities?**
- **What are you so passionate/inspired about - so that you lose track of time?**
- **Which of the questions above made the strongest impact on you and Why?**

See you at the Group Healing on Wednesday.

Much Love

Eliza